

Teeth & Care

Removing plaque regularly with toothbrush and dental floss is the basis for healthy gums and teeth.

Brushing the teeth twice a day after meals, as recommended by dental professionals, already results in overall better oral health. In addition, the interdental spaces should receive special care and should be cleaned once a day with dental floss or interdental brushes. Professional cleaning and a dental check-up twice a year help detect problems early and initiate treatment.

